



Mansbridge Primary School – Progression in Physical Education

	Autumn Term		Spring Term		Summer Term	
Year R	Basic Movement CT - Fundamental Movements/ FMS Saints – Team building	Dance CT - Movement patterns Saints – team games	Basic Movement CT – Gymnastic Saints – multi skills (communication skills)	Team games CT – ball skills Saints – ball skills	Dance CT – movement patterns Saints - Athletics	Basic movement CT – Sports day events Saints – team games (attacking and defending)
Year 1	Basic Movement CT - Fundamental Movements/ FMS Saints – Team building	Dance CT- Movement patterns Saints – team games	Basic Movement CT – gymnastic Saints – multi skills (communication skills)	Team games CT – ball skills Saints – ball skills	Dance CT – movement patterns Saints - Athletics	Basic movement CT – Sports day events Saints – team games (attacking and defending)
Year 2	Basic Movement CT - Fundamental Movements/ FMS Saints – Team building	Dance CT- Movement patterns Saints – team games	Basic Movement CT – gymnastics Saints – multi skills (communication skills)	Team games CT – ball skills Saints – ball skills	Dance CT – movement patterns Saints - Athletics	Basic movement CT – Sports day events Saints – team games (attacking and defending)
Year 3	Fundamental skills Saints / CT – Physical fitness Invasion games – Football/ hockey (Coach4U)	Creative movement Dance (Saints/CT) Invasion games Tag rugby (Coach4U)	Creative movement Gymnastics (Saints/CT) Invasion games Netball/ basketball (Coach4U)	Invasion games Dodgeball/bench ball (Saints/CT) Net/wall Badminton/Tennis (Coach4U)	Creative movement Dance (Saints/ CT) Athletics Athletics (Coach4U)	Creative movement Gymnastics (Saints/ CT) Strike/ field Rounders/cricket (Coach4U)
Year 4	Fundamental skills Saints / CT – Physical fitness	Creative movement Dance (Saints/CT)	Creative movement Gymnastics (Saints/CT)	Invasion games Dodgeball/bench ball (Saints/CT)	Creative movement Dance (Saints/ CT) Athletics	Creative movement Gymnastics (Saints/ CT) Strike/ field

	Invasion games – Football/ hockey (Coach4U)	Invasion games Tag rugby (Coach4U)	Invasion games Netball/ basketball (Coach4U)	Net/wall Badminton/Tennis (Coach4U)	Athletics (Coach4U)	Rounders/cricket (Coach4U)
Year 5	Fundamental skills Saints / CT – Physical fitness Invasion games – Football/ hockey (Coach4U)	Creative movement Dance (Saints/CT) Invasion games Tag rugby (Coach4U)	Creative movement Gymnastics (Saints/CT) Invasion games Netball/ basketball (Coach4U)	Invasion games Dodgeball/bench ball (Saints/CT) Net/wall Badminton/Tennis (Coach4U)	Creative movement Dance (Saints/ CT) Athletics Athletics (Coach4U)	Creative movement Gymnastics (Saints/ CT) Strike/ field Rounders/cricket (Coach4U)
Year 6	Fundamental skills Saints-Physical fitness CT –Yoga Invasion games – Football/ hockey (Coach4U)	Creative movement Dance (Saints/CT) Invasion games Tag rugby (Coach4U)	Creative movement Gymnastics (Saints/CT) Invasion games Netball/ basketball (Coach4U)	Invasion games Dodgeball/bench ball (Saints/CT) Net/wall Badminton/Tennis (Coach4U)	Creative movement Dance (Saints/ CT) Athletics Athletics (Coach4U)	Creative movement Swimming (CT) Strike/ field Rounders/cricket (Coach4U)