

Early Years Programme

***An 8-week programme for mothers/caregivers
who have experienced unhealthy relationships.***

Plus

***Separate Therapeutic Play sessions for mothers
and their children (3-5 years) delivered by a qualified
Child Therapist.***

Covering:

- The effects of domestic and sexual abuse on women as mothers and on children and young people
- Effective communication skills with children and young people
- Working with challenging behaviour
- Protective behaviours and strategies for keeping mothers, children and young people safe

Where: 30 Brookvale Road, SO17 1QR

Caregiver group: Thursday 4th June – 23rd July 2026

Time: 10am-12pm

Children's & Caregiver group: Tuesday 2nd June – 21st July 2026

Time: 10am – 11am

Referrals can be made via Yellow Door website: www.yellowdoor.org.uk

Email: info@yellowdoor.org.uk **or call:** 02380 636312



Preventing and
Responding to
Domestic and
Sexual Abuse